



NEWS AND NEIGHBORS

Newport News Redevelopment and Housing Authority

September 2014

Volume 21, Issue 9

Holidays
In the Month
of
September

September 1
Labor Day



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NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY

CAREER FAIR 2014

Downing-Gross Cultural Arts Center
2410 Wickham Avenue, Newport News, VA
Wednesday, September 17, 2014

12:00 p.m - 3:00 p.m

LOOKING FOR A JOB?

WANT TO GO TO SCHOOL?

NEED YOUR GED?



TRANSPORTATION PICK-UP

<u>North End Communities</u>	<u>Pick-Up</u>
Cypress Terrace	10:45 am
Aqueduct	11:00 am
Oyster Point	11:15 am
Brighton	11:30 am

<u>Southeast Communities</u>	<u>Pick-Up</u>
Marshall Courts Rec.	11:30 am
Orcutt Townhomes	11:40 am
(pick up at Ashe Manor)	
Lassiter Rental Office	11:45 am
Ridley Rec Center	11:50 am

Departure from Career Fair: 2:00 pm

To sign up for transportation, please contact the Family Investment Center at (757) 928-3680.

Registering to Vote

Voter Information

Who can register to vote?

Where can I get a registration form?

Registration Deadlines?



To be eligible to register to vote in Virginia a person must:

- Be a resident of Virginia (A person who has come to Virginia for temporary purposes and intends to return to another state is not considered a resident for voting purposes);
- Be a U. S. Citizen;
- Be 18 years old (Any person who is 17 years old and will be eighteen years of age at the next election shall be permitted to register in advance and also vote in any intervening primary or special election;
- Does not claim the right to vote in any other State;
- Not currently declared mentally incompetent by a court of law;
- If convicted of a felony, your right to vote must have been restored.

Persons eligible to register can obtain a registration application at any of the following locations:

- Local voter registration office: **Newport News City Hall-2400 Washington Avenue-6th Floor-Newport News, Virginia 23607**. Telephone number: **757.926.8683**.
- Online: **www.nngov.com/voter-registrar**.
- State or local government offices when applying or recertifying for Aid to Dependent Children, Food Stamps, WIC, Medicaid, or Rehabilitation Services;
- Government offices in the State that provide State-funded programs primarily engaged in providing services to person with disabilities;
- Armed forces recruitment offices;
- Public Libraries: **Pearl Bailey-2510 Wickham Avenue, Newport News VA 23607**
Grissom-366 DeShazor Drive, Newport News VA 23608
West Avenue-2907 West Avenue, Newport News, VA 23607
Main Street-110 Main Street, Newport News, VA 23601
- State Board of Elections office;
- Department of Motor Vehicles offices;
- Voter Registration Drives.

Registration Deadline: October 14, 2014



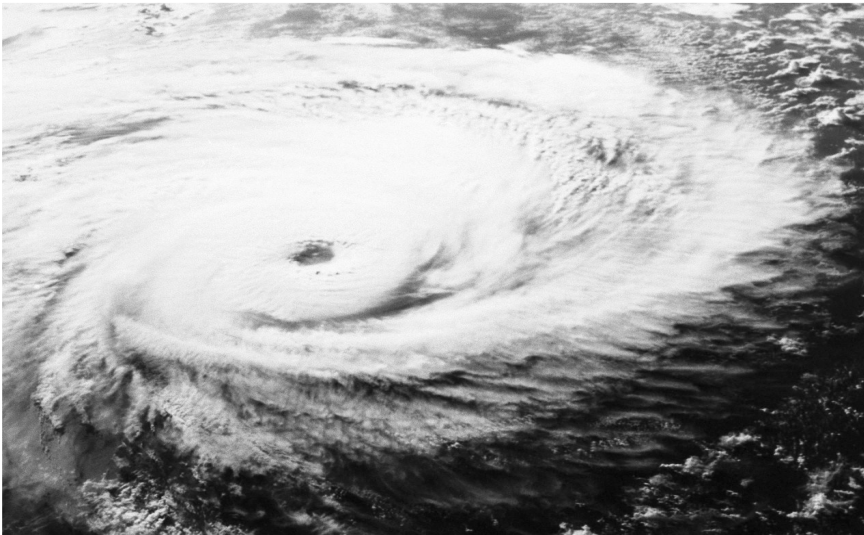
Weather Safety: Hurricanes

If Winds Become Strong...

- ⇒ Stay away from windows and doors, even if covered. Take refuge in a small interior room, closet or hallway.
- ⇒ Close all interior doors. Secure and brace external doors.
- ⇒ If you are in a two story house, go to an interior 1st floor room.
- ⇒ If you are in multi-story building and away from water, go to the 1st or 2nd floor and stay in the halls or other interior room away from windows.
- ⇒ Lie on the floor under a table or other sturdy object.

Be Alert For...

- ⇒ Tornadoes: They are often spawned by hurricanes.
- ⇒ The calm "eye" of the storm. It may seem like the storm is over but after the eye passes, the winds will change direction



FLOOD
TORNADO
HURRICANE
FIRE
WINTER STORMS
LIGHTNING

What to Bring to the Shelter

- First aid kit
- Medicine, prescriptions
- Baby food and diapers
- Games, books music players with headphones
- Toiletries
- Battery-powered radio and Cell phone
- Flashlights
- Extra batteries
- A blanket or sleeping bag for each person
- Identification
- Copies of key papers such as insurance policies
- Cash, credit card

REMINDER: *If you are told to leave, do so immediately!*

More information on Hurricanes coming in your next edition of News and Neighbors

For families with children receiving free school lunches.



Get Internet at home today for a better future tomorrow.

Being online is critical to a child's future. Cox is teaming with Connect2Compete, a nonprofit program that brings affordable Internet to qualifying households. This enables families to use the Internet at home for homework help, online educational materials, job searches, email and much more.

Your household may be eligible for Internet service at \$9.95/month if it meets the following criteria:

1. Has at least one child eligible for free lunches through the National School Lunch Program
2. Has not subscribed to Cox Internet service within the last 90 days
3. Has no outstanding bills or unreturned equipment with Cox

Eligible customers will receive:

**FAST, AFFORDABLE INTERNET
FOR ONLY \$9.95 A MONTH** *(plus tax)*

- No deposit required
- No contracts to sign
- No installation or modem rental fees
- Price guaranteed for 2 years

See if you're eligible!

Visit Connect2Compete.org/Cox or call toll-free 1-855-222-3252

connect²
COMPETE

COX

Restrictions apply. Not available in all areas. Offer expires 12/31/14 and is available to qualifying new residential Cox Internet customers in Cox service areas. \$9.95/month for up to 2 years includes Internet Essential service and rental of one modem on a single outlet. No installation charge for standard install on one pre-wired outlet. Additional installation, applicable taxes, and other fees are extra. Actual Internet speeds vary and are not guaranteed. Then-current Internet service and modem lease rates will apply at the earlier of 2 years after service activation or if program eligibility requirements are no longer met. Re-enrollment not permitted. Offer, prices and eligibility requirements are subject to change. Offer and eligibility are also subject to Connect2Compete program terms and conditions. Call 1-855-222-3252 for restrictions and complete details, or visit Connect2Compete.org. Connect2Compete is a program to provide home Internet service for families. It is not a school program, and is not endorsed or required by your school. Your school is not responsible for Connect2Compete accounts. No school funds were used for this notice.

Para familias con niños que reciben almuerzo escolar gratis.

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Obtén Internet en tu hogar hoy, para un mejor futuro mañana.

Estar online es crítico para el futuro de un niño. Cox se ha asociado con Connect2Compete, un programa sin fines de lucro que lleva Internet accesible a hogares que califiquen. Esto le permite a las familias utilizar Internet en casa para ayudar en las tareas, materiales educativos online, búsquedas laborales, email y mucho más.

Tu familia puede ser elegible para recibir servicio de Internet por \$9.95 al mes si cumples con los siguientes requisitos:

1. Tienes al menos un niño elegible para almuerzos gratuitos a través del Programa Nacional de Almuerzos Escolares.
2. No has estado suscrito al servicio de Internet de Cox en los últimos 90 días.
3. No tienes facturas sin pagar o equipo de Cox sin regresar.

Los clientes elegibles recibirán:

INTERNET ACCESIBLE Y VELOZ POR SÓLO \$9.95 AL MES (más impuestos)

- No se requiere depósito.
- Sin contratos que firmar.
- Sin cargos por instalación o alquiler de módem.
- Precio garantizado por 2 años.

¡Visita Connect2Compete.org/Cox o llama gratis al 1-855-222-3252 para ver si eres elegible!

connect²
COMPETE | **COX**

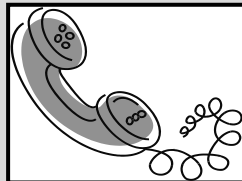
Algunos restricciones. No está disponible en todos los áreas. Oferta válida hasta el 31 de diciembre de 2014 y está disponible para nuevos clientes residentes elegibles de Cox Internet en áreas de servicio de Cox. \$9.95/mes por hasta 2 años incluye servicio de Internet. Costos y límites de velocidad en una sola línea. No se cobra cargo de instalación por instalación estándar en una línea residencial. Instalación estándar, impuestos aplicables y otros cargos son adicionales. Velocidades reales de Internet varían y no son garantizadas. Términos vigentes para servicio de Internet y límites de velocidad de módem aplican 2 años después de la activación del servicio online no se cumple con los requisitos de elegibilidad (residencia y estado de pago). No está disponible la reactivación. La oferta, los precios y requisitos de elegibilidad están sujetos a cambio. La oferta y la elegibilidad también están sujetos a los términos y condiciones del programa Connect2Compete. Llame al 1-855-222-3252 para más detalles y límites completos o visite Connect2Compete.org. Connect2Compete es un programa para promover servicio de Internet residencial para familias. No es un programa escolar y no es requerido o requerido por la escuela. El usuario es responsable por la seguridad de Connect2Compete. No se utilizará la información de la escuela para probar una redacción.

FIC Corner...

FREE TRAINING PROGRAMS

The Family Investment Center offers free training in the following courses:

- Self-Paced Typing;
- Employability Skills Workshops;
- Resume' Prep;
- Job Lead Assistance;
- Homeownership.



CONTACT:

Family Investment Center
600 C Ridley Circle
Newport News, VA

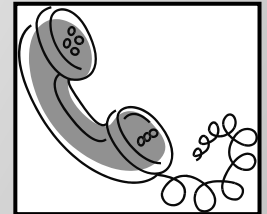
Monday thru
Friday

8:00 a.m. - 4:30 p.m.
757.928.3680

PROGRAMA LIBRE DE INSTRUCCION

Centro de Trabajo Para la Familia ofierte los cursos que sigue:

- ➔ Mecanografía;
- ➔ Habilidades de obrero;
- ➔ Ayuda con su resumen y su entrevista;
- ➔ Como se encuentra trabajo;
- ➔ Como encontrar y poseer una casa.



CONTACT:

Centro de Trabajo
Para La Familia
600 C Ridley Circle
Newport News, VA
757.928.3680

Lunes-Viernes
8 de la mañana
4:30 de la tarde
757-928-3680

Important Numbers



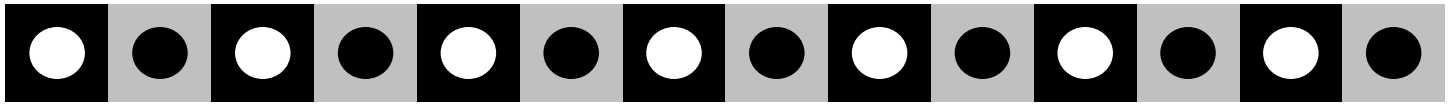
Marshall	928-6181
Ridley/Lassiter	928-2690
Spratley House	928-2680
Ashe Manor	928-6187
Aqueduct	833-5700
Cypress Terrace	833-5720
Great Oak	591-3282
Oyster Point	269-4307
Phoenix Village	591-3282
Pinecroft	269-4300
Brighton	591-3280
Orcutt Townhomes	928-6187
Community Resources	928-6163
Family Investment Center	928-3680
Facilities East & North	247-0484/0485

Do You Have A Job Interview?



Interviewing preparation is available. Call the Family Investment Center to make an appointment. The number is 757.928-3680.

Family Investment Center
600 C Ridley Circle
Newport News, VA 23607
757.928.3680



CONGRATULATIONS!
DRESS FOR SUCCESS
HAMPTON ROADS
GOING PLACES NETWORK
GRADUATES
JULY 2014

If you are Unemployed?

REGISTER WITH THE
FAMILY INVESTMENT CENTER

AUGUST 1 – OCTOBER 31, 2014

If you are Unemployed or Underemployed and need help with your job searches, resume' writing and or interviewing skills please contact the Family Investment Center between Aug 1 - Oct 31, 2014. Register and your name will be entered in a prize winning drawing.

**Winner to be announced
on Nov 1, 2014.**



**Family Investment
Center**

600 C Ridley Circle
Newport News, VA 23607

TERESA JONES
Phone (757) 928-3681
Fax (757) 245-5172

DRESS FOR SUCCESS HAMPTON ROADS

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Dress for Success Hampton Roads is offering a FREE Career Development Retention Initiative to be held at the Bryant & Stratton College, Hampton Campus from September 9 -October 28, 2014. Spaces are limited, call 757-928-3681 for more info.

HIGHLIGHTS

- SETTING GOALS
- CAREER READINESS
- TRANSFERABLE SKILLS & ABILITIES
- HIGHER EDUCATION
- BRANDING YOURSELF
- MOCK INTERVIEWS

INCENTIVES—FREE CHILDCARE PROVIDED, BUS PASSES (UPON REQUEST), COMPLIMENTARY BUSINESS SUITING, SHOES, PORTFOLIO AND WALMART GIFT CARD.

SEPTEMBER 9 - OCTOBER 28 (TUESDAYS) 10:00-12:00 LOCATED AT BRYANT & STRATTON COLLEGE, 4410 E. CLAIBORNE SQUARE, SUITE 233, HAMPTON, VA 23666

CONTACT YOUR FAMILY INVESTMENT CENTER COORDINATOR,
TERESA JONES AT 757-928-3681 TO REGISTER.

September is Prostate Cancer Awareness Month

Lets help our Sons, Fathers and Grandfathers celebrate a world with more birthdays.



There is no better time than September, during Prostate Cancer Awareness Month, for men to talk with their health care providers about this disease so that they can make informed decisions about maintaining their prostate health. Although prostate cancer is the second leading cause of cancer death among men, when detected early it also boasts some of the highest survival rates.

This year approximately 217,730 men will learn they have prostate cancer and more than 32,050 men will die from the disease. African-American men are disproportionately affected by prostate cancer, having higher rates of prostate cancer diagnosis and death than men of all other racial or ethnic groups in the United States. Almost one third of prostate cancer cases are found in men during their years at work.

Today, 1 man in 6 will get prostate cancer during his lifetime, but only 1 man in 34 will die of this disease. More than 2 million men in the United States who have been diagnosed with prostate cancer at some point are still alive today. When detected during these earliest stages, the 5-year survival rate is close to 100%.

The key, according to the American Cancer Society, is getting men to know the facts on prostate cancer and to know what their real risks are. Learning about your personal prostate cancer risk helps you make informed decisions with your healthcare provider.

If you or someone you know have questions about prostate cancer, call the American Cancer Society at 1-800-227-2345 or visit on-line at www.cancer.org.

world alzheimer's month

alzheimer's  association®

Go Purple to End Alzheimer's

September is World Alzheimer's Month. Worldwide, 35 million people and their families are affected by dementia.

What is Alzheimer's

Alzheimer's is a disease that attacks the brain. It is the most common form of dementia.

What is Dementia?

Dementia is a general term for a decline in mental ability severe enough to interfere with daily life.

Diagnosis

If you or a loved one have concerns about memory loss or other symptoms of Alzheimer's or a related dementia, it is important to be evaluated by a physician.

Stages

Stages shows how the disease progress unfolds, but progression will vary greatly from person to person.

Treatments

There are medications available to help ease these symptoms.

The highlight of the month is Alzheimer's Action Day. On September 21st "Go Purple" to show your support to end Alzheimer's.

FOOD BANK DISTRIBUTION SITES



East End		
COMMUNITY	DISTRIBUTION FOR ALL SITES	DELIVERY DATE
Ashe Manor	Agape Hands Cathedral 757-247-0090	3rd Tuesday after 4 pm
Spratley House	Christian Union Church 757-244-3819	2nd Thursday 12 noon –1 pm
Lassiter Courts	A Road Ahead 757-245-6098	Monday, Wednesday, Friday 10 am -1:30 pm
Ridley Place	L.I.N.K. 757-595-1953	Monday - Friday 9 am - 3 pm
Marshall Courts	L.I.N.K. 757-595-1953	Monday—Friday 9 am—3 pm
Orcutt Townhomes	L.I.N.K. 757-595-1953	Monday—Friday 9 am—3 pm
North End		
COMUNITY	DISTRIBUTION FOR ALL SITES	DELIVERY DATE
Aqueduct	Kids Café, Foodbank 757-596-7188	2-3 times per week
Brighton	Kid's Café' Foodbank 757-596-7188	Summer and Fall
Oyster Point	Foodbank 757-596-7188	Summer and Fall
Cypress Terrace	New Beech Grove Baptist Church 757-877-4114	United Way (757) 594-4636 for referral
Pinecroft	Foodbank 757-596-7188	3rd Friday 11 am



The waiting list for housing assistance at the Warwick SRO is open for single room occupancy only.

Please call (757) 928-6060, Monday-Friday, from 9:00 a.m. - 4:00 p.m. to schedule an appointment.



Newport News Redevelopment and Housing Authority
P. O. Box 797
Newport News, VA 23607
757.928.6063

This newsletter is published by the
Newport News Redevelopment and Housing Authority.

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News Coordinator: Sheila Grant
Layout: Lisa Artis

FILING A COMPLAINT...

Here is the Customer Service
Hotline Number:

757-928-6063 or 757-928-3680

A TENANT HOTLINE IS A FREE SERVICE FOR TENANTS LIVING IN PROPERTIES OWNED AND MANAGED BY THE NEWPORT NEWS REDEVELOPMENT AND HOUSING AUTHORITY. WHEN FILING A COMPLAINT, YOU MUST STATE YOUR FULL NAME, ADDRESS, AND TELEPHONE NUMBER AND SPEAK AS SLOWLY AND CLEARLY AS POSSIBLE.

WE WILL CALL YOU BACK WITHIN 72 HOURS REGARDING YOUR CONCERNS.

THANK YOU



Money Management Classes are held during the month of September at the Family Investment Center. Please call 757.928.3680 for a one on one appointment.

REHABILITATION ASSISTANCE



If you or anyone you know and love is affected by substance abuse help is available.

We all know the heartache and devastation that drugs can bring to our families.

Program Name	Services	Payment
Tidewater Area Hot Line 459-8467	Narcotics Anonymous	No fees
Narcotics Anonymous VA Regional Hot Line 1-800-777-1515	Support group for recovering substance abusers.	No fees
Hampton Roads Clinic Reflections 827-8430	Outpatient Counseling I.V. Methadone Maintenance 30-45 day Residential Facility	Sliding fee Scale Medicaid
Project Link 245-0217	Case management and coordination services for prenatal abuser	Sliding fee Scale Medicaid
AI Anon/Alateen 1-888-425-2666 AA Hotline 595-1212	Support group Alcoholism-friends/relatives and teens. 12 Step Program	No fees No fees
Peninsula Area Help Line 875-9314	Narcotics Anonymous	No fees

Safety Corner

BUS STOP RULES



Student safety on the school buses and at the bus stops is a major priority. Parents are encouraged to monitor student behavior going to and returning from the bus stops and at the bus stop locations. Students' behavior on the bus that endangers others will not be tolerated.

At the Bus Stop

- Arrive at the assigned stop ten minutes before bus pickup;
- Be visible (i.e. stand on the sidewalk or the edge of the street by the curb;
- Stay off private property;
- Do not stand on the traveled part of the road;
- Be respectful and watchful of traffic;
- Wait quietly and orderly.

On the Bus

- Remain seated at all times;
- Cooperate with the driver and practice orderly conduct;
- No profanity or obscene behavior;
- No smoking;
- No eating or drinking;
- No vandalism;
- No body parts outside bus;
- No radio or electronic audio/video devices;
- No live animals;
- No unsafe objects or weapons;
- No throwing items from the bus or on the bus;
- No glass;
- No balloons;
- No skateboards.

When the Bus Arrives

- Allow the bus to come to a complete stop;
- Board the bus in a quiet and orderly manner;
- Cross in front of the bus.

Leaving the Bus

- Remain seated until the bus comes to a complete stop;
- Leave in an orderly manner;
- Leave at your assigned stop.

Should you have any safety or security questions or concerns, contact Safety & Security at 757.928.2660.

MISSION STATEMENT



The mission of the Newport News Redevelopment and Housing Authority (NNRHA) is to create affordable housing, viable neighborhoods, and opportunities for self-sufficiency that enhance the quality of life for all citizens of Newport News.



NEW CHANGES FOR WORK ORDERS

Effective October 1, 2014 public housing residents will call the rental office to place work orders during normal business hours.

We will list the telephone numbers by apartment complex in the October 2014 issue of News & Neighbors.